

STAY ALERT > CONTROL THE VIRUS > SAVE LIVES

COVID 19 : GUIDELINES FOR PARTICIPANTS OF RACING AND POTTERING EVENTS AT HCSC

We all have a responsibility for reducing the spread of Covid 19.

Anyone who has been advised to self-isolate or feels that they are experiencing any of the symptoms of the Covid-19 disease SHOULD NOT participate in any Club activities or use any of the Club's facilities or equipment.

COME PREPARED

- **The Clubhouse Changing Rooms are closed, so you should come dressed appropriately for sailing for the expected conditions and be prepared to return home in the same clothing.**
- **If you are sailing your dinghy with a crew, you are reminded that you should be members of the same household.**
- **Make sure you have your own water/drinks/food available during and after sailing**
- **You **MUST NOT** get changed in the club's toilets.**
- **It is recommended that you bring your own hand sanitising gel.**
- **Allow extra time to get your boat ready before the event and pack it away afterwards.**

WEATHER CONDITIONS

- **Until the UK Covid-19 Alert Level is set to 1 or 2, your decision to race should take into account whether the conditions and your experience make it **UNLIKELY** that outside assistance would be required. You should make a conservative judgement when making your decision.**

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SIGNING-ON/OFF and BRIEFING

- Please respect the Government's social distancing recommendation during the briefing and signing on/off process for the safety of fellow members
- The number of dinghies is limited to 20 due to legal restrictions on the number of people allowed to gather on land. You should not attempt to join-in with the event by following along if the limit has been reached before you sign on.
- Signing on/off will be in the veranda. Use one of the clean pens provided and then put it immediately in the "used" container for sanitising by the race team, alternately bring your own pen.
- After signing on/off you should wash or sanitise your hands, as the signing on sheet and veranda may have become contaminated.
- Briefings shall be held outside for separate groups of up to 5 participants to enable social distancing. Only one person per dinghy should attend the briefing for the group indicated on the sign-on sheet.
- Remember to sign-off when you come back ashore so the race team can be sure you have returned

DINGHY PARK AND SLIPWAY

- It is important to be respectful and considerate to other club members and the General Public whilst maintaining social distancing.
- Launching, recovery and boat washing are likely to be areas that will take much longer than was usual.
- Always be conscious to the risk of passing on or contracting the virus from contaminated surfaces. You should be careful not to touch other member's boats or equipment and remember your own trolley might have been handled by others whilst you were sailing.

**It is recommended that you carry your own hand sanitiser
and/or wash your hands frequently.**